

Japanese Braiding or Kumihimo

You can make braids in all sorts of colours to make friendship bracelets, bag tags, whatever you like!

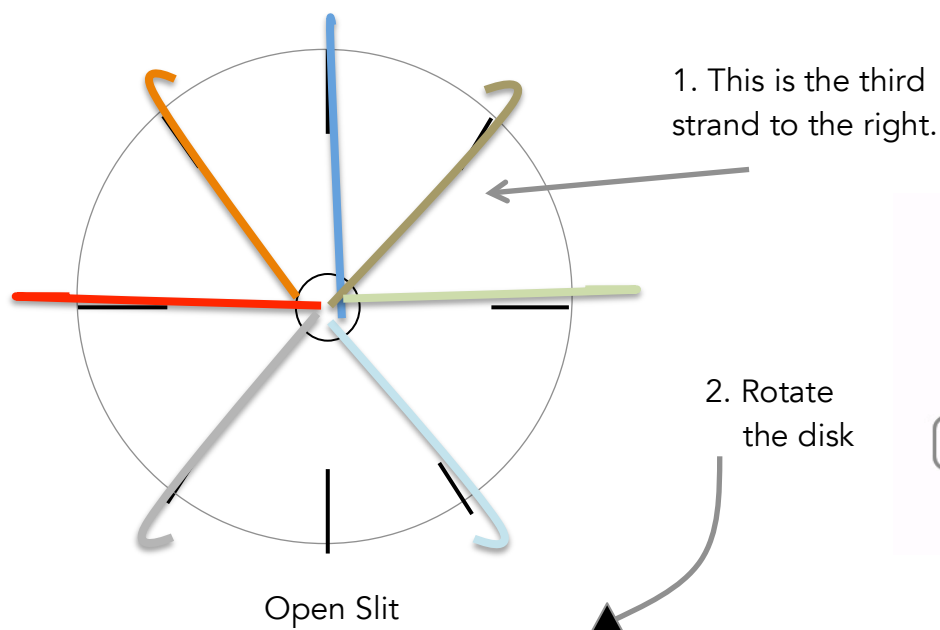
Here's what you'll need:

- 7 strands of yarn, floss, or string
- Round-shaped disk made from foam, cardboard or plastic. The disk needs a hole in the center and eight slits around to hold the yarn.

General Instructions:

- Hold the ends of the 7 strands together and tie a knot.
- Put the knot through the hole of the disk from top to bottom.
- Hold the knot with one hand under the disk. The untied ends of the yarn are on top of the disk. With your other hand, place each strand in a slit, leaving one slit open.
- Hold the disk so that the open slit is towards your body.
- Count to the third strand to the right of the open slit. Take that strand and move it to the open slit.
- Rotate the disk clockwise so that the open slit is towards your body.
- Again, count to the third strand to the right of the open slit. Take that strand and move it to the open slit. Rotate the disk. Repeat these two steps until your braid is the length you want.

To end the braid, remove the yarn from the disk. Tie a knot in the end 😊



Pop over to our Instagram feed and take a look at our IGTV channel to find a little video on Japanese Braiding! @cocooned_au www.cocooned.com.au